



NICOTINAMIDE MONO NUCLEOTIDE (NMN)



BENEFITS

Nicotinamide Mononucleotide (NMN) may serve as a precursor to NAD⁺, supporting energy metabolism, anti-aging effects, cell repair, and potential benefits for metabolic and neurological health. Its role in longevity and cellular function makes it a subject of interest in anti-aging research.

Cellular Energy Boost

NMN is a precursor to NAD⁺, a key molecule in cellular energy production and may promote overall vitality.

Metabolic Health

NMN may help regulate metabolism by influencing NAD⁺ levels, supporting overall metabolic function

Anti-Aging Properties

NMN has been studied for its potential in supporting cellular repair and longevity, that may contribute to anti-aging benefits

DNA Repair Support

NMN may play a role in DNA repair processes, that may to the maintenance of genetic integrity.

INGREDIENTS

Nicotinamide Mononucleotide 1 scoop contains 600mg-800mg. No artificial colours, flavours, sweeteners or preservatives. No fillers.

STORAGE

Store in a cool, dry place, away from direct sunlight. Seal tightly after each use to preserve freshness.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN

Do not use if tamper evident seal is broken or missing. Ensure lid is tightly closed after user.

STUDIES

The Science Behind NMN—A Stable, Reliable NAD⁺ Activator and Anti-Aging Molecule

<https://pmc.ncbi.nlm.nih.gov/articles/PMC7238909/>

Advancements in NMN biotherapy and research updates in the field of digestive system diseases

[https://translational-](https://translational-medicine.biomedcentral.com/articles/10.1186/s12967-024-05614-9)

[medicine.biomedcentral.com/articles/10.1186/s12967-024-05614-9](https://translational-medicine.biomedcentral.com/articles/10.1186/s12967-024-05614-9)

The efficacy and safety of β -nicotinamide mononucleotide (NMN) supplementation in healthy middle-aged adults: a randomized, multicenter, double-blind, placebo-controlled, parallel-group, dose-dependent clinical trial

<https://pubmed.ncbi.nlm.nih.gov/36482258/>